

# SELF HEALING

## Retreat with Teacher Wei Qifeng

LEARNING - PRACTISING - INTEGRATING



August 15 to 22  
2025 · Spain  
Girona · Solius

**Awaken**

YOUR  
CONSCIOUSNESS

**Harmonize**

YOUR EMOTIONS

**Heal**

YOUR LIFE

**QI SCIENCE**

ZHINENG QIGONG

MINGJUE GONGFU



THE WORLD  
CONSCIOUSNESS  
COMMUNITY

15 to 22 August 2025 || The World CONSCIOUSNESS Community || 7 days || 60 hours  
AnYue +34 620 340 258 / Teresa +34 665 58 10 85 / Yrmgard +34 652 97 52 83



**QI SCIENCE**

**ZHINENG QIGONG  
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Welcome, welcome to a new face-to-face encounter with Teacher Wei Qifeng and The World Consciousness Community to experience live the source of health, longevity and well-being.

Science has shown that various emotional reactions and thoughts affect the natural circulation of blood and energy in our body, disrupting the internal metabolic balance. By learning to stay in our pure consciousness, we transition from a state in which everything affects us to one of peace, clarity of mind and joy, inherent in ourselves. True SELF is in everyone and IS with everyone. It expands our natural harmony, creates peace, makes joy flow and awakens the universal love that heals all.

In 2025 you have the opportunity to experience it for yourself and in person, with Teacher Wei Qifeng and The World Consciousness Community, in the retreat that will take place in Spain.

**WHERE:** In Spain, Girona, Costa Brava, Solius.

**WHEN:** 15-22 August 2025 - 7 full days.

**ORGANISING TEAM:** Teachers AnYuè, Teresa and Yrmgard-Piki.

**TURKEY ORGANISER:** Teacher Gozde.

**LANGUAGES:** The retreat is in English with translation into Spanish and Turkish.

**THOSE WHO ARE WELCOME TO ATTEND ARE:**

- Those who, without knowing any kind of body and/or energy practice, are looking to recover or simply improve their health and energy.
- Those seeking greater emotional stability, seeking to improve their relationships, to learn to enjoy themselves, to definitely live more relaxed and more free.
- Teachers or practitioners of any style of qigong, taiji, yoga, meditation, mindfulness, sportsmen and/or therapists of Chinese Medicine, psychologists, etc. The Science of Qi, Zhineng Qigong, enhances the development of any discipline.
- Those who want to be part of the transformation and evolution of human consciousness towards a state of freedom.

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# LEARN HOW TO PRACTICE SELF-HEALING WITH



## Wei Qifeng - Daoheart

Wei Qifeng is a great master and teacher of mingjue, the self-aware existence. He is also an extraordinary healer. His practice name 'Daoheart' means 'heart fused with the Dao'.

At the age of 17 he started his training at the Huaxia Centre with Dr. Pang Ming, creator of Zhineng Qigong. His whole being radiates deep beautiful healing teachings, which he delivers through play, laughter, words, meditation, emotional release and various methods of Qigong and Taiji

With a worldwide teacher training experience of more than 30 years and deep research in the Science of Qi, Zhineng Qigong, Master Wei will guide us to the encounter with ourselves, dissolving all kinds of barriers which deprive us from awakened life.

It is a unique opportunity to experience together and grow the powerful field of The World Consciousness Community.

SELF-HEALING is a retreat that is open to beginners, students, teachers and certified mingjue healers, from both online courses and face-to-face retreats in China. We also welcome the presence of the mingjue community from Turkey.

We invite you to explore and activate together  
all the potential of the consciousness that we need to develop  
for the transformation towards a new humanity.

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# THE QI SCIENCE

Qi Science focuses on the awakening of Mingjue pure consciousness and it is based on Zhineng Qigong methods. In our practice we connect heart to heart to create a worldwide mingjue awakening consciousness field. This self-aware mingjue field promotes the transformation of human consciousness into a state of harmony, peace, love, joy and freedom; to a state of health, with capital letters.

Those of us who organize the meetings know that this field of consciousness is real and we are dedicated to making its beneficial effects reach more people every day. As Dr. Pang Ming, the creator of the Qi Science, said recently:



'Only those who work for the wholeness and well-being of humanity in this age can truly awaken and flourish.'

Dr. Pang Ming

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# THE CONTENTS OF THE RETREAT

- We will use the Qi Field and the Consciousness Field for self-healing, healing others and group healing.
- You will experience oneness, the state of Tian Ren He Yi or HunYuan Wholeness in which heaven, earth and the human being are unified; a state that leads directly to inner peace.
- You will practice awakened Mingjue Wholeness and through it you will naturally merge with the World Consciousness Field to transform your life, experience peace and unconditional love.
- You will recognise the functions of Mingjue: reflecting information, organizing information and sending information.
- You will play with emotions: opening the heart, opening emotional blockages, flowing through emotions by shifting from one to another.
- You will activate and empower the Qi of the Central Nervous System, the seven centres and the Middle Channel. We will focus especially on the innate Qi found in the root of life, Mingmen Inner Palace.
- You will learn some Taiji methods and practice the double spiral through which the body will become strong, flexible and the Qi will flow better.

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# FOOD AND ACCOMMODATION

For seven days our home for practice, food and rest will be Casa Santa Elena, located in Solius, Girona, a 15 minute's drive from the Costa Brava. We will enjoy the constant contact with nature in its 6 hectares of gardens which will inspire us and deepen our learning and practice.

You can easily get to Casa Santa Elena. It is 30-minute drive from Girona, one hour by bus from Barcelona airport and twenty-three minutes by taxi from Girona airport.



The gastronomic offer at Casa Santa Elena is simple, seasonal and, above all, carefully prepared and homemade. All preparations are made in their own kitchen, to avoid the use of artificial preservatives and traces of food that may compromise intolerances.

Their kitchen team prepares a menu adapted to the group and personalized to the needs of each diner. It is possible to choose the options and specify them.



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## INVESTMENT IN TEACHING

- The investment is 530€ - If you book your place before 22nd May the investment will be 470€.
- For students of the Annual Course 2025 it is 470€ - If you book your place before 22nd May the investment will be 420€.

## INVESTMENT IN ACCOMMODATION

- Full board in double room/person 669,62€.
- Full board in single room/person 746,62€.
- If you are not staying at the hotel, please contact the organization.

## TOTAL INVESTMENT FOR NON 2025 ANNUAL COURSE STUDENTS

- Double room/person 1199,62€ - Double room/person before 22nd May 1139,62€
- Single room 1276,62€ - Single room before 22nd May 1216,62€

## TOTAL INVESTMENT FOR 2025 ANNUAL COURSE STUDENTS

- Double room/person 1139,62€ - If you book your place before 22nd May 1089,62€
- Single room 1216,62€ - If you book your place before 22nd May 1166,62€

In both cases the total investment includes accommodation, full board and all retreat activities.  
It does not include other expenses at Casa Santa Elena or transfers.

## CASA SANTA ELENA CANCELLATION POLICY

- In the event of a demonstrable major cause, the whole deposit will be refunded.
- If there is no demonstrable major cause, there will be no refunds.

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## HOW TO BOOK

- Access the registration form, by clicking on the sentence



[I WANT TO REGISTER NOW](#)

- Complete the form
- Click on SEND
- You will receive a confirmation email.
- Then we will send you instructions to make the payment of 150€ to reserve your place.
- The reservation will only become effective on the date you send us the proof of payment.
- **The investment for the tuition will be made in cash on arrival.**

## THE ORGANISERS

The team is made up of 3 Zhineng Qigong teachers: AnYue, Teresa and Yrmgard-Piki

If you have any questions, please contact us by WhatsApp :

AnYue: +34 620 34 02 58

Teresa: +34 665 58 10 85

Yrmgard: +34 652 97 52 83

## ANNOUNCEMENTS

- By registering you have accepted our data and image protection policy. We would like to inform you that we will take photographs and videos during the course and meetings. Their use will be reserved for internal sharing among participants and for the promotion of future retreats, conferences, meetings, trainings with Prof. Wei Qi Feng, organised by our team in the usual online media (social networks, internet, etc.).
- No product of any kind may be marketed without written consultation with the organizers at least one month in advance.
- Those who will attend this meeting wish to enjoy The Science of Qi, Zhineng Qigong in its pure state. No demonstrations of other methods or therapies are planned for the retreat. Thank you.

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