

# Awaken | Harmonize | Heal

## An In-Person Retreat with Teacher Wei

*April 29 – May 4, 2025 | Tuesday-Sunday | 5 nights  
San Francisco Bay Area, CA, USA*

The World Consciousness Community is delighted to host Teacher Wei Qifeng for his inaugural in-person retreat in America — at an urban sanctuary in the beautiful San Francisco Bay Area of Northern California.

### Description

This 6-day, 5-night retreat is designed to awaken higher consciousness, harmonize emotional and energy states, and revitalize the body. It is a unique opportunity to receive life-changing wisdom from Teacher Wei, supported by a group of teachers, healers, and dedicated practitioners of Collective Field Qigong and Qi Science.

- Collective field meditations
- Simple, powerful qigong and taiji methods
- Teaching sessions
- Healing sessions (self-healing and group healing)
- Community
- Nourishing food
- Beautiful gardens + walking labyrinth

### Content

Be guided to experience a state of oneness with the universe (tian ren he yi) which activates deep healing and brings an extraordinary sense of awakened peace and universal love. Learn methods for bringing this beautiful state into your daily life.

Open the heart, release emotional blockages and bring harmony and balance to emotions.

Engage in practices that revitalize the nervous system, and support the even flow of abundant energy throughout the entire system, boosting resilience and overall well-being.

Develop, train and learn to awaken and sustain higher states of consciousness, and to come to know Mingjue – the Awakened Self.

Participate in and utilize the powerful effect of the collective field for self-healing, and group healing sessions.

Gain an understanding of the theories and philosophy behind Qi Science, including introductory and advanced concepts of what qi is, and the role it plays in healing, the development of higher consciousness and in personal transformation.

### **Your Esteemed teacher**

Wei Qifeng is a master teacher and healer in the lineage of Zhineng Qigong. He studied directly with Dr. Pang Ming, the renowned founder of Zhineng Qigong and Qi Science who is a doctor trained in both Eastern and Western medicine.

[Learn more about Teacher Wei...](#)

### **Daily Class Schedule**

Morning Practice 7 - 8 am

Breakfast 8 am

Mid-Morning Practise 9:30 am to noon

Lunch noon

Teachings & Practise 3:00 pm to 5:30 pm

Dinner 5:30 pm

Evening Teachings & Practise 7:30 to 9 pm

Check in time is 2 pm on April 29. An evening practice will be offered on the first day, for those arriving in time to join us. Checkout is 11 am on May 4, and a morning session before breakfast will be offered for those wishing to join.

### **Fees**

Before or by February 28, 2025: USD \$1,605 per person — includes room and board, plus tuition. This is the early-bird rate to those who register and pay a room and board deposit of USD \$1005.

After February 28, 2025: USD \$1,705 per person. Deposit: \$1,105.

### **Registration Closing Date is March 30, 2025**

The registration deposit fee must be paid, and the form must be filled out by March 30, 2025, in order to secure your spot. Please

note that we may sell out prior to this date, so we recommend confirming your registration as soon as possible. Registration must be accompanied by the deposit fee in order to be accepted.

\*The remaining balance of \$600 (or \$700) is due **in cash** upon registering at the retreat center on April 29. There are ATMs located in SFO airport or nearby the retreat center, should you need to withdraw cash.

**Cancellation Fee: \$400 (regardless of date of cancellation)**

## Location

Mercy Center (5 miles from SFO Airport)  
2300 Adeline Drive  
Burlingame, CA

[https://www.google.com/maps/place/Mercy+Center+Burlingame/@37.5832518,-122.3862972,17z/data=!3m1!4b1!4m6!3m5!1s0x808f764873db34d1:0x629145fa05321ed3!8m2!3d37.5832476!4d-122.3837169!16s%2Fg%2F1tf\\_njp0?entry=tту&g\\_ep=EgoyMDIIMDEwNi4xIKXMDSOASAFQAw%3D%3D](https://www.google.com/maps/place/Mercy+Center+Burlingame/@37.5832518,-122.3862972,17z/data=!3m1!4b1!4m6!3m5!1s0x808f764873db34d1:0x629145fa05321ed3!8m2!3d37.5832476!4d-122.3837169!16s%2Fg%2F1tf_njp0?entry=tту&g_ep=EgoyMDIIMDEwNi4xIKXMDSOASAFQAw%3D%3D)

Learn more about Mercy Center (<https://mercy-center.org/>)

For a [video about the beautiful grounds and interiors of the Mercy Center](#), follow this link: <https://vimeo.com/557955373/e64c350ee6>

## Getting here

Mercy Center is a short distance from San Francisco Airport. Rideshares like Uber or Lyft are the easiest way to get there. The Mercy Center does **not** have shuttle service.

## FAQs

*Is it possible to arrive late for the retreat or leave early?* The retreat is designed for you to experience a wonderful process of transformation within the time frame of the dates we are offering. Practices on the first and last day are optional, in case they do not align with your travel plans, but we do recommend attending them if possible. Please note that the retreat fee is a set amount, based on a group booking, so there are no discounts or changes to the fee structure for late arrivals or early departures.

*I have dietary sensitivities and am planning on bringing my own food. Can I get a reduced rate on my accommodation fee to incorporate this?* The retreat fee is fixed, based on a group booking, so there are no discounts or changes.

*Is it possible to pay a day rate for attending the retreat, but not stay at the retreat center?*

No.

*Will translation be available at this retreat for languages besides English?* This retreat is being conducted in English only. Teacher Wei will be offering retreats in other regions of the world in 2025, as well as in China, which will be available in multiple languages. Please visit [daohearts.com](http://daohearts.com) for a list of upcoming retreats in other languages.

*I have serious health concerns/conditions. Should I attend this retreat?* Please do not plan to travel if you are suffering from the following conditions: contagious diseases, mental health conditions that require monitoring and critical illnesses. This is the first of what we anticipate will be many in person retreats with Teacher Wei in the U.S. We hope to see you at a future retreat when you are well enough to attend.

## Course Materials

We strongly recommend the *Mingjue Awakening* book as a course companion. It's available for purchase in English as a [PDF](#) or [paperback](#), and in Spanish as a [PDF](#) or [paperback](#).

## Registration

Please contact us for registration or any questions:

Regina Dell'Oro: [daoinmotion@gmail.com](mailto:daoinmotion@gmail.com)

Simone Claridge: [simone@truebetteryou.com](mailto:simone@truebetteryou.com)

Irene Cyr: [awakeningenerqi@gmail.com](mailto:awakeningenerqi@gmail.com)

Beth Bright: [bethbrightacupuncture@gmail.com](mailto:bethbrightacupuncture@gmail.com)

Please specify if you have any special needs for the following:

- ADA wheelchair accessibility. ADA rooms have a queen-sized bed and a shared private bathroom. They are very limited and will be assigned on a first come, first served basis.
- Special dietary needs. The food at Mercy Center is buffet-style. They offer a wide variety of standard, vegetarian, and vegan

options at each meal (3 meals a day). For other dietary needs, like gluten or dairy allergies, the kitchen will do their best to accommodate them. Full kitchenettes are also available on each floor for you to bring your own food, and grocery stores are close by.

Note on standard rooms:

Other than ADA accessible rooms, all other rooms are single-occupancy with twin beds. Bathrooms are communal.

[See more details, including a video tour of the grounds and rooms...](#)

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